

St. John's Journal

January 2020



ANNUAL MEETING

Sunday
January 26, 2020

Theresa Hall

Worship Schedule

Sundays at 9:30 a.m.

1/5 2nd Sun. of Christmas

MP II

1/12 1st Sunl. after Epiphany

MP II

1/19 2nd Sunl. after Epiphany

HE II Fr. Doug Hale

1/26 3rd Sun. after Epiphany HE II
Fr. Doug Hale

IT'S ABOUT TIME!

*The time has come,' the Walrus said,
To talk of many things:
Of shoes — and ships — and sealing-wax —
Of cabbages — and kings —
And why the sea is boiling hot —
And whether pigs have wings.'*

Lewis Carroll's *The Walrus and the Carpenter* was one of my favorites as a child (before I started reading literary critics' attempts to find symbolism where it may not exist in the overall story line). For me, this stanza is an invitation to communicate about anything and everything that interests or concerns us. What better time is there than the beginning of a new year under new leadership? A whole new world of possibilities lays at our feet. I hope you feel as energized as I do, as we anticipate the official arrival of our new Priest-in-Charge, the Rev. Douglas Hale, on January 15th.

The Care and Feeding of a Pastor

We have proven ourselves to be fairly self-sufficient over the past couple years, so we should be able to give Fr. Hale a little time to settle in and get to know us better before we rush him with all our personal concerns. (I'm not saying we shouldn't raise topics right away, just that we shouldn't expect him to address them all at once.)

It has been a long while since we've had a priest-in-charge capable of leading us in the sacraments of the church, guiding our hearts and minds toward a deeper faith in God, and comforting us in our personal tribulations. We should all keep in mind that our new priest was *not* called to be a full time pastor of our little flock. I ask you to be mindful of his scheduled time with us (which he will announce), and for his need for personal time. Why? Because I have no desire to engage in another search process anytime soon.

A couple weeks ago, *CBS This Morning* aired a segment about church pastors experiencing burnout. They interviewed the Rev. Howard-John Wesley, Pastor of Alfred Street Baptist Church in Alexandria, VA (a mega church with 10,000 members and an army of ministers to share the load). Pastor Wesley explained that being on call 24/7 for 21 years has taken its toll, and he plans to take a three and a half month sabbatical to concentrate on his own well-being: getting more exercise, eating better, and tending to his personal need for time with God. The segment included the results of a survey of 1,500 clergy, of whom 54% found their pastoral duties overwhelming, 33% felt isolated, and 71% served churches that made no provision for clergy to take sabbaticals.

Bring Your Imagination

After church on January 26th, we'll hold our Annual Meeting to review how well we worked together in 2019; to elect representatives to the BAC and Diocesan Convention; and to look forward to how we will express our mission to love God, love our Neighbor, and serve one another in 2020. It's time for new ideas, new efforts and new energy. Please be there to lend your voice to the discussion.

God's blessings on us all,
Denise Skillman, Senior Warde

"Fatigued Pastors Investing in Mental Health," 12/18/19, ([cbs.com/shows/cbs_this_morning](https://www.cbs.com/shows/cbs_this_morning), search for clip)

"Love God, love our neighbor, and serve one another."

Canonical Offerings

Three times a year, each church in the Diocese of Oregon makes a special offering to the diocese as required by Canon 5.4. Generally, the “loose offering” (cash) in the collection plate on that day is used for these purposes (however checks are also acceptable if they are clearly designated for the particular canonical offering in the “Memo” section of the check).

Theological Education Offering: On the Sunday closest to January 25 (the Conversion of St. Paul the Apostle) a special collection is taken in support of theological education. This year the offering will be taken on **January 26th**. The offering is transmitted to the Treasurer of the Diocese, to be forwarded to the seminary designated by the Priest in Charge of the parish or mission.

Pentecost Offering: This year, Pentecost (the “birthday of the church”) falls on **May 31st**. The collection on this day funds a variety of ministries within the Diocese through special grants.

Thanksgiving Offering: Some Episcopal churches hold services on Thanksgiving Day. Ours generally does not. So, on a **Sunday in November** (to be determined by the BAC) a special collection is taken and transmitted to the Commission on Poverty and Homelessness unless otherwise designated by Diocesan Council.

(A fourth canonical obligation to the Diocese occurs biennially, during the Bishop's official visitation, payable to the **Bishop's Discretionary Fund** in aid of seminarians and other emergency needs. Bishop Michael is scheduled to visit St. John's **April 19th**, the Sunday after Easter.)

NEW SILVER CHAIR YOGA CLASS

If your New Year's resolution is to improve your overall health this year, a chair yoga class may be just what you need. This low impact form of exercise relieves pain, reduces stress, and improves posture, strength, flexibility and coordination – all while seated or standing using a chair for support. (Continued next column)

BAC

Senior Warden Denise Skillman

Junior Warden Tom Glunt

Clerk: Judy Jackson

Treasurer Kay Marino

Members at Large: Laurea Arnoldt, Mary Garrett,
Judy Jackson, Caroline McKemy, & Lani Reynolds

The Rt. Rev. Michael J. Hanley, Bishop & Rector

Church Administrator:

Virginia MacCallum

Office Hours: Tuesdays 2-6 p.m.

NEW YOGA CLASS (cont'd) Classes will continue to be held on Fridays in Theresa Hall from 10:30 a.m. to noon, but during January (beginning Monday, January 6), a one-hour Silver Chair Yoga class will also be offered in Theresa Hall from 10:00 a.m. to 11:00 a.m. If enough interest is shown in this second class, St. John's will be asked to continue to provide space for it on Mondays.

Participants will have the choice to attend the 90-minute Friday class or the shorter Monday class, or both. There is no fee, but a donation is requested. Once each quarter, the class chooses a charity to receive the donations. In December, Bryan's Home/Operation Rebuild Hope (which provides a place to stay for homeless veterans) received \$500.00 from the Silver Chair Yoga class.

Instructor Debra Pierson has led the Friday class for 5 years. She teaches standard and adapted poses and helps individuals find the form that works best for their level of physical ability. For more information, please contact Debra at simplyhathayoga@yahoo.com.

Christmas Choir Concert and Carol Sing

All of Bandon was invited to our Christmas Choir Concert and Carol Sing on Sunday afternoon, December 15. It was a joyous event marked by superb music and fellowship and a reception after all the singing. Loud praises to our own music director, talented pianist and soprano Cynthia Mohorko, to her husband, our talented choral conductor, Stephen Mohorko, and to the women of the choir: Harmony Harrison, Virginia MacCallum, Nancy Mascio, Marilyn Pratt, Gail Pray, and Sara Romero. Huge thanks and hugs to Sally Glunt, who took these pictures of the event.



The Chapel Choir of St. John is an ecumenical choir with members from all faiths and belief systems. The focus is to bring joy and beauty to worship while reaching for the highest levels of musicianship and performance. The choir rehearses every Wednesday evening but does not sing each Sunday, only singing when the choir has achieved a superior level of performance of selected pieces. We invite you to consider joining us and enjoy the thrill of singing in a choir. Call Cynthia at 541-347-3566 for more information.



**Christmas Concert & Carol Sing
on December 15, 2019, at St. John**



Pictured at the right: Music Director Cynthia Mohorko and Choral Conductor and Clarinetist Stephen Mohorko. Both of our talented music leaders are graduates of Sacramento State University with degrees in music. How fortunate we are at St. John's! Thank you, Cynthia & Steve!



January 2020

Sun

Mon

Tue

Wed

Thu

Fri

Sat

<u>BIRTHDAYS</u>	1/2 Gail Pray 1/23 Mike Craig		1	2 <i>Adapt 4:30-7</i>	3 Silver <i>Chair Yoga 10:30-noon</i>	4
5 2nd Sun. of Christmas MP II	6 <i>Chair Yoga 10:00-11:00</i>	7 <i>ACOA 6:30 AA 8:00</i>	8 <i>Teen Bible Class 11-1</i>	9 <i>Adapt 4:30-7</i>	10 Silver <i>Chair Yoga 10:30-noon</i>	11
12 1st Sun. <i>Epiphany MP II</i>	13 BAC <i>Mtg 9:30 Chair Yoga 10:00-11:00</i>	14 <i>ACOA 6:30 AA 8:00</i>	15 Teen Bi- ble Class 11-1 <i>Choir 6:30</i>	16 <i>Adapt 4:30-7</i>	17 Silver <i>Chair Yoga 10:30-noon</i>	18
19 2nd Sun <i>Epiphany HE II Fr. Doug Hale</i>	20 <i>Chair Yoga 10:00-11:00</i>	22 BMA <i>10:30 ACOA 6:30 AA 8:00</i>	22 Teen Bible Class 11-1 <i>Choir 6:30</i>	23 <i>Adapt 4:30-7</i>	24 Silver <i>Chair Yoga 10:30-noon</i>	25
26 3rd Sun <i>Epiphany HE Fr Doug Hale Annual Mtg 10:30 a.m.</i>	27 <i>Chair Yoga 10:00-11:00</i>	28 <i>ACOA 6:30 AA 8:00</i>	29 Teen Bible Class 11-1 <i>Choir 6:30</i>	30 <i>Adapt 4:30-7</i>	31 Silver <i>Chair Yoga 10:30-noon</i>	

Lay Ministry Schedule—January 2020

Service	LEM/Lay Minister	1 st Lector	2 nd Lector	Intercessor	Usher/Greeter	Coffee/Snacks
1/5 2 nd Sun. after Christmas MP II	<u>Denise</u>	<u>Myra</u>	<u>Caroline</u>		<u>Kay</u>	<u>Jennifer</u>
1/12 1 st Sun. after Epiphany MP II	<u>Ginger</u>	<u>Kay</u>	<u>Bill</u>		<u>Judy</u>	<u>Kay & Caroline</u>
1/19 2 nd Sun. after Epiphany HE II	<u>Denise</u>	<u>Ginger</u>	<u>Tom</u>	<u>Wailani</u>	<u>Mary</u>	<u>Sally</u>
1/26 3 rd Sun. after Epiphany HE II	<u>Kay</u>	<u>Bill</u>	<u>Myra</u>	<u>Ginger</u>	<u>Judy</u>	<u>ANNUAL MEETING</u>

St. John's Episcopal Church

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W H O W E A R E

St. John Episcopal Church is a community where God leads us in healing, teaching, reaching out, and stewardship.

We are a community that sees Christ in all people and judges none. We believe in inclusion for all people regardless of race, gender, age, disability or sexual orientation. We aim to break down barriers that separate us from one another and to provide a home for anyone on their spiritual journey. Our work brings together people of faith who believe in the inherent dignity and worth of all people on their journey.