

St. John's Journal

March 2020



Worship Schedule

Sundays at 9:30 a.m.

3/1 1st Sun. in Lent: HE II Fr. Hale

3/8 2nd Sun. in Lent: HEII Fr. Hale

3/15: 3rd Sun. in Lent: HE II Fr. Hale

3/22: 4th Sun. in Lent: HE II Fr. Hale

3/29: 5th Sun. in Lent: HE II Fr. Hale

Daylight Savings Time begins Sunday, Mar. 8.

March Birthdays

12: Wailani Reep

13: Mike Reep

20: Laurea Arnoldt

22: Robin Hanna

27: Mike Fitzgerald

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March Anniversaries

17: Sally & Tom Glunt

29: Gail Pray & Stephan Beauton

The Priest's Notes

Patti and I have been able to finally begin to settle into our new home. After a sojourn of a month and a half in a less than desirable situation and two moves in the period of two months, we are staying put. We are very thankful for the moving help we received from caring folks from St. John and Emmanuel Parishes. (For those who didn't come and help, don't feel guilty. We had so much help that people were fighting over who would get to move the next box.)

One of the big problems with the problematic living space was that we could not get the internet and TV service we wanted, even though it should have been available to us there. We managed to jury-rig a modest internet connection while we were there, but not TV. Then when we moved into our current home. We discovered that cellphone service inside the house is very poor. We arranged for TV service and the internet, which would solve the cellphone problem. When the technician came to set us up, he found out that the main service line was unusable. A week later, we were told that it would be AT LEAST a month before they could get around to replacing the line. So, we went to another provider to see about getting service. We now have internet service, but TV service was not as straight forward, so we have put off getting that set up.

At first, this was all very frustrating. When we set up the jury-rigged internet, we were able to relax some. We were able to keep up communication, but we still lacked TV and miss some favorite shows that we enjoy watching. As time has passed, lacking TV has become easier to deal with. It has even raised the question of whether we need it at all. We can access some things through the internet. And really... who needs 100+ channels? The doing without has caused us to focus our attention in different ways.

During the season of Lent, we are encouraged to "give something up for Lent." CHOOSING to give something up is harder than having it FORCED UPON you. If it is forced upon you, you can complain about it, but you still have to deal with it. Since settling in at St. John, I have heard several complaints about the changes that will happen in worship during Lent. We have to sing Lent oriented hymns and that depressing Trisagion, rather than the Gloria. "Beating our chests" over our sin is so depressing. If we choose to give something up, it can be much more difficult because we have to complain to ourselves about why we have to go without. There can be much more internal turmoil.

The question is, how will we deal with the lack of what we enjoy? Will we stay frustrated by the lack or will we be able to refocus our attention? Refocusing our attention is really the point. That can also be done by adding something to our lives that causes us to refocus our attention.

As we enter the 40 days of Lent leading up to Good Friday and Easter, we are encouraged to find ways to refocus our attention on two things. First, we are called upon to take time to thoroughly examine ourselves. Who are we? How have we failed to live our lives the way that God has called us to? How have we succeeded in walking in the ways God has called us to? Second, we are called upon to keep focused upon the Cross of Christ. There we have set before us the extreme extent the Son of God was willing to go to reach out to us in our failings to let us know that we are forgiven and loved. We also are anticipating the resurrection of Jesus that speaks so much to us about the potential of what God can do in us. It is there that we can see the power of the resurrection of Jesus shining in us in those areas where we find ourselves walking in the ways of God.

So whether it is forced upon us or we choose to do without or take something on, may this be a special time for us to take a good look at ourselves in the light of Christ crucified and raised from the dead.

Fr. Doug

"Love God, love our neighbor, and serve one another."

LAY MINISTRY SCHEDULE—MARCH 2020

Service	LEM/Lay	1 st Lector	2 nd Lector	Intercessor	Usher/	Coffee/
3/1 1 st Sun. of Lent HE II Fr. Doug Hale	<u>Denise</u>	<u>Laurea</u>	<u>Ginger</u>	<u>Judy</u>	<u>Mary</u>	
3/8 2 nd Sun. of Lent HE II Fr. Doug Hale	<u>Kay</u>	<u>Denise</u>	<u>Bill</u>	<u>Ginger</u>	<u>Mary</u>	
3/15 3 rd Sun. of Lent HE II Fr. Doug Hale	<u>Denise</u>	<u>Ginger</u>	<u>Ginger</u>	<u>Wailani</u>		
3/22 4 th Sun. of Lent HE II Fr. Doug Hale	<u>Kay</u>	<u>Caroline</u>	<u>Bill</u>	<u>Ginger</u>		
3/29 Last Sun. of Lent HE II Fr. Doug		<u>Denise</u>	<u>Tom</u>	<u>Laurea</u>	<u>Mary</u>	<u>Sally</u>

Thank you for your participation in the ministry of and to our congregation.

MARK YOUR CALENDAR

Time change to Daylight Savings on Sunday, March 8: Set your clocks forward one hour before bed on Saturday night.

Singspiration! Join in the good singing at First Baptist Church at 6 p.m. on Sunday, March 29.

ST. JOHN BY THE SEA
LENTEN, HOLY WEEK AND BEYOND CALENDAR
2020

ALL THINGS EPISCOPALIAN CLASS (well, not ALL)
Sunday at 11 am in the Library

March 1 - The Church (History. etc.)

March 8 - Worship/The Book of Common Prayer

March 15 - The Lessons/The Word of God

March 22 - Baptism and Holy Communion
(and other Sacraments)

March 29 - Theology/The Creeds

April 5 - The Mission & Ministries of the Church

Sunday, April 5 - Palm Sunday (We assemble in Theresa Hall.)

Thursday, April 9 - Maundy Thursday, 5 p.m.

Light supper and foot washing in Theresa Hall
followed by communion and stripping of the altar in the sanctuary.

Friday, April 10 - The Way of the Cross/Good Friday Service, 6 pm.
(We assemble in Theresa Hall.)

Sunday, April 12 - EASTER!

Ecumenical Sunrise Service, 6:30 am

(at the waterfront glass shelter)

St. John's Easter Service, 9:30 am

Wednesday, April 29 - Bishop's Visitation and Celebration of New Ministry of
Fr. Doug with the people of St. John!
(Time and details will be announced.)

March 2020

Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>1</p> <p><i>1st Sun. in Lent HE II</i> Fr. Doug</p>	<p>2</p> <p>Chair Yoga 10-11</p>	<p>3</p> <p>ACOA 6:30 AA 8 p.m.</p>	<p>4 Teen Bible Study 11-1 Choir 6:30</p>	<p>5</p> <p>Adapt 4:30-7</p>	<p>6</p> <p>Chair Yoga 10:30-noon</p>	<p>7</p>
<p>8</p> <p><i>2nd Sun. in Lent HE II</i> Fr. Doug</p>	<p>9</p> <p>Chair Yoga 10-11</p>	<p>10</p> <p>BAC 1 p.m. ACOA 6:30 AA 8 p.m.</p>	<p>11 Teen Bible Study 11-1 Choir 6:30</p>	<p>12</p> <p>Adapt 4:30-7</p>	<p>13</p> <p>Chair Yoga 10:30-noon</p>	<p>14</p>
<p>15</p> <p><i>3rd Sun. in Lent HE II</i> Fr. Doug</p>	<p>16</p> <p>Chair Yoga 10-11</p>	<p>17</p> <p>ACOA 6:30 AA 8 p.m.</p>	<p>18 Teen Bible Study 11-1 Choir 6:30</p>	<p>19</p> <p>Adapt 4:30-7</p>	<p>20</p> <p>Chair Yoga 10:30-noon</p>	<p>21</p>
<p>22</p> <p>4th Sun. in Lent HE II Fr. Doug</p>	<p>23</p> <p>Chair Yoga 10-11</p>	<p>24</p> <p>ACOA 6:30 AA 8 p.m.</p>	<p>25 Teen Bible Study 11-1 Choir 6:30</p>	<p>26</p> <p>Adapt 4:30-7</p>	<p>27</p> <p>Chair Yoga 10:30-noon</p>	<p>28</p>
<p>29</p> <p>5th Sun. in Lent HE II Fr. Doug</p>	<p>30</p> <p>Chair Yoga 10-11</p>	<p>31</p> <p>ACOA 6:30 AA 8 p.m.</p>				

Sensible Precautions

Our Bishop Michael has sent to all congregations in our diocese some precautions we should incorporate into our lives in light of the outbreak of corona virus. These are from the Bishop Suffragan of the Diocese of Los Angeles:

- Wash your hands frequently with soap and water for at least 20 seconds. All the time. All day long.
- Alcohol-based liquid hand sanitizer should be used by anyone distributing communion bread and wine.
- Intinction may be preferred to drinking from the common cup. If you prefer not to take the cup, remember a core principle of our Eucharistic theology: That the sacrament is complete when administered in just one kind (in this case, the consecrated bread).
- At the peace, you may bow to one another or wave and say, "Peace be with you" to your neighbors --no handshakes or hugging.
- **At all times, avoid touching your eyes, nose, and mouth – the places germs enter the body.**
- When you cough, cough into your bent elbow, not into your hand. If you have to blow your nose, dispose of the tissue as soon as possible in a waste container with a lid that closes and either wash your hands immediately or use an alcohol-based liquid to sanitize your hands.
- Keep your distance. We don't have to be in each other's faces to talk. This is particularly important if someone is coughing or sneezing.
- Try to avoid large crowds, especially where you will be cramped or pushed together.
- **If you're sick, stay home!** Encourage others to stay home if they're sick. Don't hesitate to go to the doctor and to urge others to do so.
Create systems for wellness checks in the congregation, especially older people whom you haven't seen for a while.

BAC

Senior Warden Denise Skillman
Junior Warden Tom Glunt
Clerk: Sally Glunt
Treasurer Kay Marino

Members at Large: Laurea Arnoldt, Mary Garrett, Judy Jackson, Caroline McKemy, Lani Reynolds.

Church Administrator:
Virginia MacCallum

Office Hours: Tuesdays 2-6

The Rev. Doug Hale, Priest-in-Charge

St. John's Episcopal Church

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W H O W E A R E

St. John Episcopal Church is a community where God leads us in healing, teaching, reaching out, and stewardship.

We are a community that sees Christ in all people and judges none. We believe in inclusion for all people regardless of race, gender, age, disability or sexual orientation. We aim to break down barriers that separate us from one another and to provide a home for anyone on their spiritual journey. Our work brings together people of faith who believe in the inherent dignity and worth of all people on their journey.