

# St. John's Journal

## May 2022

### TWO ELEEMOSYNARY OPPORTUNITIES THIS MONTH

I've always been fascinated by unusual words and their origins. From Ancient Greece by way of Medieval Latin, we received "Eleemosynary" [e-li-MA-se-ner-ee], which means "of or relating to charity or donations; supported by charitable giving." (It was a popular term until the 17<sup>th</sup> Century, when it was shortened to "alms.")

On May 15<sup>th</sup>, a special collection will be taken to support the **Vicar's Discretionary Fund** which enables Fr. Doug to render assistance to people in need. Any cash in the plate not designated for other purposes and any checks with "Vicar's Discretion" or "VDF" in the memo will be put to that use.

Anyone still wishing to contribute to the Episcopal Relief and Development Fund's effort to aid **Ukraine** may drop cash into the blue and yellow Ukraine collection box in the narthex on Sundays or write a check to St. John's with "Ukraine" in the memo. These donations will be forwarded to E.R.D. at month's end. Thank you for your generosity. -- Denise Skillman, Treasurer

### RUMMAGE SALE!

June 3rd & 4th. We will be selling books, tools, clothes, kitchenware, sporting goods and more! In two weeks, we will have sign-ups for help selling, set up, and take down. We could really use donations of furniture only at this time.



St. John Episcopal Church, 795 Franklin Avenue (PO Box 246) Bandon, OR 97411 \* 541-347-2152

## *Fr. Doug's Iconic Column*

### SPECIAL OFFERINGS

At different times in the year special offerings are scheduled. In the next month or so there will be several opportunities to give to specific causes.

It seemed that it would be a good idea to keep alive the appeal to give humanitarian support to **Ukrainians fleeing the war**. We expect that this need will continue for some time to come, because even if the war ends, the need for humanitarian aid will continue for some time. There is an offering box for Ukraine Relief on the back table at the entrance to the sanctuary. You can place your offering there. You can also simply write a check to St. John, designate it "for Ukraine," and place it in the offering plate or sending it to the church in the mail. All these funds will be sent to Episcopal Relief and Development.

On Sunday May 15<sup>th</sup>, we will collect a special offering for the Priest's Discretionary Fund which is used to help **those in need in our community**. Any donations received that day that are either designated for the "Priest's Discretionary Fund" or are not designated for anything specific will support the fund.

On Sunday June 5<sup>th</sup>, Pentecost Sunday, we will take up a special offering for the Diocesan Pentecost Offering. The funds received from this offering are used to support **special programs in local congregations** throughout the Diocese. We received funding one year from the offering in the early phase of the Medical Loan Closet to help it strengthen the program. To help other churches in the Diocese, give to the offering by a designated gift or by giving undesignated funds on June 5<sup>th</sup>.

### COVID PRECAUTIONS

We are living into a new phase of the pandemic with uncertainty about what will happen but also hoping that we will be able to continue with in-person worship. The BAC discussed the issues and decided that some precautions still need to be in place. We are not requiring masks, but it is recommended by health officials and some of our members are choosing to wear masks. We have reinstituted singing during worship, but our voices appear to be a little out of practice. What we do encourage people to do is seek to maintain safe-distancing practices. We ask that you sit at the end of the pew marked with the blue tape and that you follow the usher's instructions when coming up for communion to avoid congestion in the aisle. We will continue to monitor developments around COVID, especially in Oregon and most especially in Coos County. We may need to move toward greater restrictions. We shall wait and watch and hope.

One continuation of COVID precautions is how Diocesan Convention is held. The last two years, it has been held online. It was announced this past week at Clergy Conference that Convention will again be held online this Fall. There may be other reasons for doing this than just COVID precautions. It also saves housing, travel, and facilities costs and makes it easier for people to attend from farther distances.

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## *Fr. Doug's Iconic Column (continued)*

We have learned a few things in the past two years and some of those learnings will be put to use into the future. The learning may not be over.

One of the things that is to be a part of my life as the Vicar of St. John is that I receive continuing education from time to time. The last two years have not been very helpful in that regard. I suppose there have been some online opportunities, but I was not inspired enough to take part in them. But on May 17-19 I will be taking some time for a continuing education opportunity.

I will be participating in a 3-day program at the hospital in Coos Bay called Peer Support Training. The main intention of this program is to help healthcare workers at the hospital support each other as they face difficult circumstances at work, like dealing with the large number of very sick individuals as well as numerous deaths during the COVID Pandemic. But it is also important for them as they often face stressful situations with patients and families caused by many other diseases and accidents. Several of us in the volunteer chaplain program are also taking part so that we might support each other and other people at the hospital.

In addition, I see the possibility that this would help me be a supportive peer to other clergy in the area, Episcopal and otherwise. I am also hoping that it will be helpful as I seek to provide pastoral support to the people of St. John and the wider community. It is clear that we can become quite stressed at work and also in our personal lives. We need each other to help us through the especially difficult circumstances we face. I hope that I will learn some ways of being supportive that I can share with you that you can be there for others.

Fr. Doug



### **Wednesday Evening Prayer**

Fr. Doug is leading Evening Prayer at 7pm on Wednesdays using the Zoom platform at this link: <https://us06web.zoom.us/j/5042346656?pwd=eGlTMethTnUyQWk3TW9hNmszemRsQT09> The same link can be used each week. The link to the gathering can also be found in his weekly Saturday evening emails. The same link can be used each week. Join and be blessed by this time of prayer and interaction with other folks from St. John.

**"Love God, love our neighbor, and serve one another."**

## Bishop's Advisory Committee Notes – April 2022

Here's what took place at the April BAC meeting

### We Elected

Beth Wilmot as Clerk of St. John's.

### We Reviewed

March's financial report and acknowledged receipt of the final EBOF grant installment.

### We Discussed

How to stimulate and receive donations for Ukraine relief, plus how to pass on what we collect to the Episcopal Relief Fund and Development charity.

When to dedicate non-designated plate offerings to the Clergy Discretionary Fund. May 15<sup>th</sup> and July 17<sup>th</sup> will be the dates for this.

Potential lighting improvements for the sanctuary, Theresa Hall and the exterior front of the church.

COVID protocols and moving forward toward the new normal.

How to encourage new service participants (lectors, ushers, intercessors, etc.).

How to invite parishioners from St. Christopher in Port Orford to Holy Week services.

The resumption of the Chapel Choir and how Cynthia will advertise for new members.

The new date of the rummage sale (June 3 & 4) and logistical concerns.

### We Celebrated

That Mary Garrett and Beth Wilmot have been licensed as Lay Eucharistic Ministers by the Bishop.

## MAY BIRTHDAYS & ANNIVERSARIES

### Birthdays

**3: Karen Sinko**

**16: Virginia MacCallum**

**23: Juanita Limonn**

**26: Marilyn Pratt**

### Anniversaries

**6: Tim & Sue Pearce**



## RUMMAGE SALE REMINDER

Elly Griffith's "Ruth Galloway" series about a fictional forensic archaeologist in England who helps police solve murders inspired me to finally begin sifting through the many boxes of books, papers and projects that have been haphazardly stored in a spare bedroom for nearly 20 years. It has certainly seemed like an archaeological dig, though fortunately I haven't uncovered any dead bodies! Not only have I found little treasures I had thought were lost forever, but I've also found a few more items for the church's rummage sale on **June 3 and 4**.

*(Fun fact: "to rummage" is to search through a receptacle unsystematically and untidily, and originally had to do with stowing casks in the hold of a ship. That certainly seems like what I've been doing for the past few days. – Denise)*

# May 2022

Sun

Mon

Tue

Wed

Thu

Fri

Sat

<b>1</b> 3rd Sun. of Easter HE II	<b>2</b>  7:30 AA	<b>3</b>  8:00 AA	<b>4</b>  7:00 Evening Prayer 8:00 AA	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b> 4th Sun. of Easter HE II  Mother's Day	<b>9</b>  7:30 AA	<b>10</b> 1 BAC 8:00 AA	<b>11</b>  7:00 Evening Prayer 8:00 AA	<b>12</b>	<b>13</b>	<b>14</b>
<b>15</b> 5th Sun. of Easter HE II	<b>16</b>  7:30 AA	<b>17</b>  8:00 AA	<b>18</b>  NO Evening Prayer 8:00 AA	<b>19</b>	<b>20</b>	<b>21</b>
<b>22</b> 6th Sun. of Easter HE II	<b>23</b>  7:30 AA	<b>24</b>  8:00 AA	<b>25</b>  7:00 Evening Prayer 8:00 AA	<b>26</b>  Ascension Day	<b>27</b>	<b>28</b>
<b>29</b> 7th Sun. of Easter HE II	<b>30</b>  7:30 AA Memorial Day	<b>31</b>  Rummage Sale Set-Up 8:00 AA				



## How We Serve One Another

At St. John's we aim to Love God, love our neighbor and serve one another. As a church community we run outreach programs like the Medical Loan Closet. But individuals in our congregation also get out in our community to serve on their own. This is the second in a series featuring individuals who give of their time and talent beyond St. John's. This month we focus on Sally Glunt.

Here is what Sally has to say about volunteering.

I love this Maya Angelou quote: *I've learned that you shouldn't go through life with a catcher's mitt on both hands. You need to be able to throw something back.* I sat next to Maya on an airplane once and she exuded love and kindness. I think in working with others, we learn about ourselves. You never know exactly how you have impacted someone's life and it's that mystery that is so compelling.

I served several years on the board for Coast Community Health Center (CCHC), including three years as the President of the Board. I'm currently taking a break from the oversight of the clinic, and as a nurse practitioner have volunteered to support services related to COVID testing and vaccinations.

CCHC provides vaccinations to the community (not just patients of the clinics) at events like COVID vaccination clinics at the Barn in Bandon, the Community Church in Port Orford, and at Bandon Dunes. Along



with Southern Coos Hospital, we've been able to get vaccinations to community members quickly and safely. People have been so appreciative of the services provided. CCHC staff is great and there's a shared goal of supporting people's health.



Coos and Curry Counties are already medically underserved. The pandemic increased the pressure on the existing health community to address the increased needs. It just seemed like a duty to step up and help my colleagues in the clinic and free them up to provide medical care by offloading some of the work of doing the vaccine clinics.

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## How We Serve One Another (Continued)

I believe in the vaccines, and I want to make sure those that decide to vaccinate can do so without cost or wait. I respect individuals' decisions whether to vaccinate or not.

As vaccines became available, I saw so many people so grateful to be able to get them. I've had people cry with relief after having been so scared by the pandemic. I've seen people bringing their family members, neighbors and friends into clinics. I even had a client give several of us a fused glass piece of art depicting the COVID virus and a syringe.

Now I'm seeing people coming in to get boosters because they're anxious to get back to living their lives. They want to travel, visit family and friends. And they want to make sure they're not going to spread the virus to others.

Coast Community Health Center is a Federally Qualified Health Center receiving support and oversight from the Department of Health & Human Services. The Bandon clinic opened in 2010 as a rural health center and has grown in service area and services provided. CCHC provides services to all; no one is turned away



from care. They offer robust outreach services to help people navigate getting care and also offer dental services.

CCHC would welcome you to volunteer. There are so many places that would make a difference and you don't have to have medical training. There are positions such as administrative support, lobby greeters, COVID vaccination event greeters, and board subcommittee membership. Contact Nicole Doherty ([nicoled@coastcommunityhealth.org](mailto:nicoled@coastcommunityhealth.org) or 347-2529). I'd also be happy to talk with anyone that would like more information (541-551-1903).



### Do You Like to Sing?

Our music director, Cynthia Mohorko, is starting the choir again now that we are allowed to sing in church! If you are interested in this beautiful part of worship, please contact Cynthia care of the church. She needs all voice ranges, and she also welcomes men!

### Prayer List

Mary S., Pat Ghaly, Dahna Dow, Tom Lowery, Jenny Lowery, Rick B., Katherine McGuire, Lisa, Oleta, Bev, Jack, Curtis, Apria, Doug Kelley Hall, Lorna Barney, Lenor, Colleen Carson, David, Robin Haruna, Bill, Tom, Marty, Mary, Doris, Karen & Joe, Myra & Jim, Roy, Juanita, Kelly, James, Sue, Michelle, Kathy, Melissa, Brady, Sandy, Kimberly, Marilyn, Bill & Steve.

## Musings from Denise

### Thinking about Mom

On a website encouraging readers to try new recipes (or make healthier versions of old favorites) I found “8 Dishes We Still Make From Our Vintage Cookbooks.” The author chose one recipe from each of seven cookbooks. My first objection was that the author can’t count (or the editor deleted one book and didn’t change the title). Either way, I felt cheated.

The three oldest recipes were: Buttermilk Pancakes from Betty Crocker’s Picture Cookbook (1950); Boeuf Bourguignon from Julia Child’s Mastering the Art of French Cooking (1961); and Quiche Lorraine from A Treasury of Great Recipes by Mary and Vincent Price (1965). I grew up with all those dishes, though Nana’s Boeuf Bourguignon was a French-Canadian farmhouse recipe from her childhood, and a bit more rustic than Julia Child’s. The remaining four selections were from books published between 1979 and 1992. My second objection is to the term “vintage” when more than half of the books are less than 50 years old. How can the 1990’s be “vintage”? What does that say about my books?

Mom left me countless cookbooks, and even though I have given more than half of them away, I still have more cookbooks than most people. Like Mom, I enjoy reading them especially around Mother’s Day, because it helps me remember special meals she served. I can always tell which were her favorites. The pages are marked with sauce splatters or floured fingerprints, and sometimes notes to herself.

There is a textbook from San Diego High School’s Home Economics Department dated 1931. It is littered with penciled notations reducing quantities of ingredients to keep Depression-era costs down. (Imagine trying to make pancakes with one-fourth of an egg!)

The oldest cookbook in the collection was Nana’s. It lost its cover eons ago, but there is just enough left on the spine to make out that it is Warner’s Safe Cookbook published in 1889 by H.H. Warner & Co., Rochester, NY (a patent medicine producer). Interspersed among its pages are recipes clipped from old newspapers and notes in my grandmother’s hand -- treasured memories!

Always interested in knowing and trying the recipes of other times and places, Mom collected cookbooks such as Food and Cooking in 17<sup>th</sup> Century Britain: History and Recipes. This one has directions for Scotch Collops (sliced mutton with a claret sauce laced with anchovies, horseradish, and oysters) that sounds horrible to me, and a much more palatable Syllabub (a whipped cream dessert spiked with sherry and brandy). It also includes a reprint of the title page of the eighth edition of **The English Housewife**, by G. Markham (London, 1675), which was touted to be “necessary for all men and the general good of this nation” (i.e., England). I transcribe a portion of the page here for your amusement (preserving the capitalization, but sparing you the misspellings):

**The English Housewife,**  
containing  
The inward and outward Virtues which  
ought to be in a Complete Woman.

As her Skill in Physick [*the practice of medicine*], Chirurgery [*surgery*], Cookery, Extraction of Oils, Banqueting stuff [*a dessert table laden with highly decorated sweets*], ordering of great Feasts, preserving of all sort of Wides [*presumably “victuals”/foods*], conceited Secrets [*no clue!*], Distillations, Perfumes, Ordering of Wool, Hemp, Flax: Making Cloth and Dying; The knowledge of Dairies: Office of Malting; of Oats, their excellent uses in Families: Of Brewing, Baking, and all other things belonging to an Household.

I imagine that any man would find that a woman with the skills the author outlined was a godsend. But I wonder what was left for 17<sup>th</sup> Century Englishmen to do, and what women would have thought of the book if they were able to read it.

It certainly gave Mom and me a good laugh! To all of you who are mothers (or were loved and nurtured by one) – Happy Mother’s Day!



## ***Feed My Sheep***

On Sundays now, you will find the collection basket for non-perishable food for the Bandon Food Pantry. Please do not forget those in the community who are hungry.

In addition to non-perishable food, there is also need for items that cannot be purchased with food stamps: detergent, bath soap, shampoo, toothpaste, toothbrushes, combs, sanitary products for women, dog food, and similar items.

### **BAC**

**Senior Warden:** Judy Jackson

**Junior Warden:** Sally Glunt

**Members at Large:** Mary Garrett, Lani Reynolds, Maggie Lowery, Gail Pray

**Treasurer:** Denise Skillman

**Clerk:** Beth Wilmot

**Bankers:** Kathy Webb

**Convention Delegates:** Judy Jackson & Sally Glunt

### **Staff**

**Vicar:**

The Rev. Doug Hale

**Music Director:**

Cynthia Mohorko

**Church Administrator:**

Virginia MacCallum

## **OFFICE HOURS**

We have not yet returned to a regular schedule of office hours because of Covid. We will let you know when we do resume office hours. Meanwhile, the administrator is working at her duties, and Fr. Doug is keeping his schedule.

### **S t . J o h n   E p i s c o p a l C h u r c h**

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### **W H O   W E   A R E**

St. John Episcopal Church is a community where God leads us in healing, teaching, reaching out, and stewardship.

We are a community that sees Christ in all people and judges none. We believe in inclusion for all people regardless of race, gender, age, disability or sexual orientation. We aim to break down barriers that separate us from one another and to provide a home for anyone on their spiritual journey. Our work brings together people of faith who believe in the inherent dignity and worth of all people on their journey.