

St. John's Journal

March 2023



DO NOT FORGET!

DAYLIGHT SAVINGS TIME RETURNS MARCH 12.

Remember to turn your clocks forward an hour at the end of the day on Saturday March 11th so you won't be late for worship the next morning. We will have plenty of coffee on hand to help you as you adjust.

MARCH BIRTHDAYS & ANNIVERSARIES

BIRTHDAYS

12: Wailani Reep

20: Laurea Arnoldt

22: Robin Hanna

27: Mike Fitzgerald

ANNIVERSARIES

17: Sally & Tom Glunt

29: Gail Pray & Stephan Beauton



St. John Episcopal Church, 795 Franklin Avenue (PO Box 246) Bandon, OR 97411 * 541-347-2152

Fr. Doug's Iconic Column

We have recently had a series of articles in our newsletter with people in our congregation sharing how they volunteer in the community. Judy has spearheaded this series, and she thought it would be good if I could share something about the volunteering, I do outside my being your Vicar.

One way that I volunteer is as an on-call chaplain at Bay Area Hospital. About 4 days a month, I might receive a call to come see a patient. I am part of a group of 6 volunteer chaplains who supplement what the half-time paid chaplain can do. One of the most consistent parts of this has been being a part of the monthly gatherings of the chaplains to process the experiences we have had and to hear about how the staff has been holding up under the stress they have been experiencing the last few years. I have not visited very many patients over the last couple years, but I have certainly had a wide range of experiences with patients. There was one patient who had an out-of-body experience that he wanted help understanding. I received a call from staff asking me to visit a patient who was actively dying. By the time I arrived he had died, and he had no one around him. I think the staff wanted me to come and pray for him. In many ways, beyond visiting patients, the important part of this work has been caring for and supporting staff. It is sometimes very hard work that they do. They need to know they can count on each other, including us chaplains.

The other way that I volunteer is with the Coos Food Cupboard that is located in the basement of Emmanuel Parish on the edge of downtown Coos Bay. I started to volunteer there as an echo of my seven years I ran the Student Food Pantry for college students in Eugene. I simply started working in the back room helping to fill orders. Later I was asked, because of my past experience, to serve on the Board of Directors and have now found myself in the role of Secretary of the Board. Unlike my previous experience, where I had a lot of contact with people coming to the pantry, I have very little contact with the clients. Filling boxes and bags with food seems to be my primary role. In the midst of that is the teamwork that goes on among the volunteers. We have gotten to know each other and enjoy each other's company, while we are trying to make a difference in people's lives.

In both of these roles, the motivation for being a part of the work is to make a difference in the lives of people who are having a difficult time. But it seems that the day-to-day reward comes more from working with other people who are also trying to make that difference.

Rev. Jim Vickery from First Presbyterian and I have begun a conversation about trying to have a Easter Sunrise Service at the waterfront. Neither of us has participated in one here in Bandon, so we are trying to recover a tradition that was curtailed by COVID. Stay tuned for developments on that.

Hmmm... That seems to be true about our life together in the church, as well.

Fr. Doug

Bishop's Advisory Committee Notes – February 2023

BAC Highlights

St. John's new Bishop's Advisory Committee held its first regular meeting after church on February 19, 2023. Fr. Doug led the meeting, which was attended by Senior Warden Laurea Arnoldt, Junior Warden Sally Glunt, Treasurer Denise Skillman, members Gail Pray and Kathy Webb, as well as Ginny Hall, who was elected Clerk.

Finances

- Our Theological Sunday offering (\$139) will be sent to CDSP (Church Divinity School of the Pacific).
- The \$286 collected for earthquake relief in Turkey and Syria will be forwarded to Episcopal Relief and Development.
- We will continue to support Bandon Feeds the Hungry through birthday/anniversary donations.
- We planned to convert part of our Clergy Reserve Fund to a CD for a better interest rate, as suggested at the annual meeting.

Church Life

Plans were reviewed for Shrove Tuesday's Pancake Supper on February 21 from 4 to 6 p.m.; Ash Wednesday's noon service on February 22; and Holy Week. *Save the dates: Palm Sunday, 9:30 a.m. April 2; Maundy Thursday service 5:30-6:30 p.m. (no dinner) April 6; Good Friday service, 5:30-6:30 p.m. April 7; and Easter service 9:30 a.m., April 9. (An Easter Sunrise Service may also be offered by the Bandon Ministerial Association; details to come.)*

Building & Grounds

Thanks to Tom Glunt, there is a newly built gate to the basement.

After several years of deferred maintenance and upgrades, the BAC will focus on several projects, both large and small, including (in no particular order):

- Roof replacement.
- Expansion and improvement of the parking lot.
- Revitalizing the front courtyard.
- Improvement of sanctuary lighting.
- Restoring the metal railing by the ramp.
- Repairing the sign board by the narthex.

Next Meetings will be held after church on Sundays: March 5th and April 16th.

Musings from Denise

Beannachtaí na Féile Pádraig oraibh!

(pronounced: ban-ock-tee na fay-lah paw-rig ur-iv!)

(Happy St. Patrick's Day!)

It is often said that on St. Patrick's Day we are all a wee bit Irish, no matter our color, ethnicity, or native tongue on the other 364 days of the year. Many countries mark St. Patrick's Day with parades, parties, Irish food (like corned beef and cabbage washed down with Guinness). Some places even turn fountains and famous landmarks green for the night.



St. Patrick's Day (March 17th) celebrates the 5th Century saint who is said to have banished snakes from Ireland. In art, he is often depicted holding a shamrock (a young sprig of clover that later became a symbol for Ireland) because he is also said to have used it to illustrate the Christian doctrine of the Holy Trinity. On his feast day, shamrocks are still commonly worn.

Years ago, my Irish neighbors explained a custom known as “drowning the shamrock.” After mass on St. Patrick's Day (under a temporary reprieve from Lenten fasting) the men would hie to the nearest tavern for a few drinks (though getting drunk was not the goal). For their last drink, they would drop the shamrock they had been wearing on their coat or hat into their glass and toast St. Patrick. Then they would pick the shamrock out of the glass and throw it over their left shoulder to bring them luck.

In my young and foolish days, my friends and I could tell when I'd imbibed too much because I began speaking with a distinctly British accent that I could not control. It vanished as soon as I sobered up. My friends thought it was funny, but I recently read about some people whose accents changed but didn't return to normal, and their experience was not at all amusing.

A recent BBC post by Max Matza reported that a North Carolina man in his 50's developed an “uncontrollable Irish accent” after being diagnosed with and treated for prostate cancer. This Irish brogue remained until his death. He had never been to Ireland, had no close Irish relatives, and had never spoken with any foreign accent. He had a rare condition called “Foreign Accent Syndrome” (FAS) that causes people to sound like foreign speakers of their native language and may be a result of small changes in the left hemisphere of the brain due to injury or attacks on a patient's immune system.

Similar cases have been reported. During World War II, a young Norwegian woman began speaking with a German accent after being struck by shrapnel during an air raid. Local shopkeepers, believing she was a German spy, refused to serve her. In 2006 a woman from Newcastle upon Tyne suffered a stroke, and her “Geordie” accent (typical of northeastern England) was replaced with a Jamaican lilt that not only challenged her sense of self (she didn't recognize her own voice) but negatively changed people's perception of her. She was exposed to prejudices she had never known before.

How we sound to others is as much a part of how they judge us as what we look like and how we behave – and changes can be deliberately made with a more positive outcome. (Think of Eliza Doolittle's working class Cockney accent converted to refined English that opened doors to high society for her under Professor Higgins' tutelage in *My Fair Lady*.)

How to Share Birthdays & Anniversaries in a Meaningful Way

On Sundays the church customarily offers prayers for those who are celebrating a birthday or anniversary in the coming week. As recipients of those prayers and in thanksgiving for the attainment of another year of life (or marriage), we can share the blessings of our lives with others by placing a donation in the little wooden church on the shelf to the right of the altar rail.

This year, these donations will be sent to **Bandon Feeds the Hungry** in support of five non-profit organizations focused on relieving food insecurity among seniors and low-income families in Bandon. All donations are equally shared among **Bandon Senior Nutrition, Coastal Harvest, Everyone At Table (EAT), Good Neighbors Food Bank, and Restoration Worship Center Food Pantry.**



Wednesday Evening Prayer

Fr. Doug is leading Evening Prayer at 7pm on Wednesdays using the Zoom platform at this link: <https://us06web.zoom.us/j/5042346656?pwd=eGlTMEthTnUyQWk3TW9hNm5zemRsQT09> The same link can be used each week. The link to the gathering can also be found in his weekly Saturday evening emails. The same link can be used each week. Join and be blessed by this time of prayer and interaction with other folks from St. John.

BANDON FEEDS THE HUNGRY

The ecumenical food pantry depends on each of us for our gifts of food each month. As you bring the non-perishable food items for this ongoing need, please remember, too, the family dog or cat. Since these items are not for human consumption, they cannot be obtained with food stamps. You also cannot obtain any of these needed items with food stamps: deodorant, toothpaste, toothbrushes, shampoo, deodorant, safety razors, soap (bath and laundry), and women's sanitary products.

“Love God, love our neighbor, and serve one another.”

March 2023

Sun Mon Tue Wed Thu Fri Sat

			1 7 Evening Prayer 8 AA	2 6:30 Choir Practice	3	4
5 2nd Sun. of Lent HE I 11 a.m. BAC meeting	6 7:30 AA	7 6:30 ACOA 8 AA	8 7 Evening Prayer 8 AA	9 6:30 Choir Practice	10	11
12 3rd Sun. of Lent HE I SPRING FORWARD	13 7:30 AA	14 6:30 ACOA 8 AA	15 7 Evening Prayer 8 AA	16 6:30 Choir Practice	17	18
19 4th Sun. of Lent HE I	20 7:30 AA	21 6:30 ACOA 8 AA	22 7 Evening Prayer 8 AA	23 6:30 Choir Practice	24	25
26 5th Sun. of Lent HE I	27 7:30 AA	28 6:30 ACOA 8 AA	29 7 Evening Prayer 8 AA	30 6:30 Choir Practice	31	

Lay Ministry Schedule March 2023

DATE	LEM	LECTOR	INTERCESSOR	USHER/GREETER	HOSPITALITY
3/5 2nd Sun. of Lent HE	Mary	Laurea	Judy	Kathy	Sally
3/12 3rd Sun. of Lent HE	Denise	Ginny	Ginny	Mary	Laurea
3/19 4th Sun. of Lent HE	Kay??	Bobbi	Wailani	Kathy	Maggie
3/26 5th Sun. of Lent HE	Kay	Ginny	Ginny		Bobbi & George Neason

IMPORTANT DATES!

The Convocation meeting has been rescheduled due to some significant folks not being able to attend. (I learned about this just a few minutes ago)
The meeting will now be held on April 15, 10am to Noon.

HOLY WEEK

Holy Week occurs in the first week of April, so some advance warning would be helpful.

Palms Sunday - April 2nd
Maundy Thursday – April 6th at 5:30pm
Good Friday – April 7th at 5:30pm
Easter Sunday – April 9th

St. John Episcopal Church

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https://

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John-Episcopal-Church-in-
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234749653862372**

Medical Loan Closet

Phone: 541-590-2443

A Believe Out Loud

Congregation



W H O W E A R E

St. John Episcopal Church is a community where God leads us in healing, teaching, reaching out, and stewardship.

We are a community that sees Christ in all people and judges none. We believe in inclusion for all people regardless of race, gender, age, disability or sexual orientation. We aim to break down barriers that separate us from one another and to provide a home for anyone on their spiritual journey. Our work brings together people of faith who believe in the inherent dignity and worth of all people on their journey.

BISHOP'S ADVISORY COMMITTEE (BAC)

Bishop's Warden: Laurea Arnoldt

Junior Warden: Sally Glunt

Treasurer: Denise Skillman

Clerk: Ginny Hall

Members at large: Gail Pray & Kathy Webb**

Convention Delegates: Laurea Arnoldt & Kay Marino

Alternates: Sally Glunt & Judy Jackson

CHURCH STAFF

Vicar: The Rev. Doug Hale

Music Director: Cynthia M0horko

Administrator: Virginia MacCallum

OFFICE HOURS

Our Vicar, Fr. Doug, is generally in his church office Tuesday and Thursday from 10:00 a.m. until about 4:00 p.m.

"Love God, love our neighbor, and serve one another."